

#### **About Me**



"Real leadership is about understanding yourself first, then using that to create a superb organization. Leaders must free their subordinates to fulfill their talents to the utmost. However, most obstacles that limit peoples potential are set in motion by the leader and are rooted in his or her own fears, ego needs, and unproductive habits. When leaders explore deep within their thoughts and feelings in order to understand themselves, a transformation can take shape."

# "Know thyself"

-Socrates

### In order to lead, each of us needs to truly know ourselves...

### My Journey...

### In this talk I will discuss: One aspect of my personality, that if left unchecked would significantly impact my team

#### I like to Fix Stuff



## And if I don't know how to fix stuff, I tear it apart and figure it out...



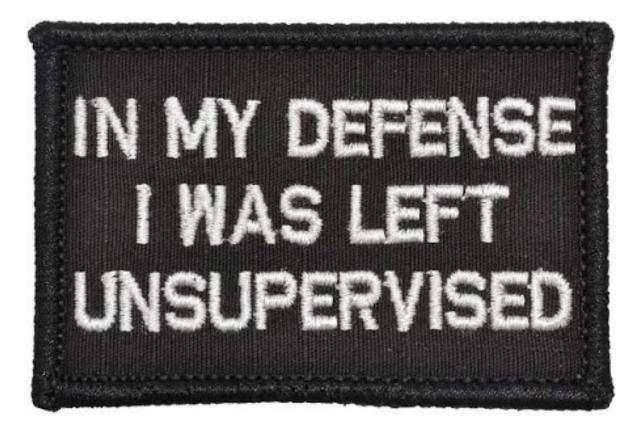
#### And most of the time I can figure it out...



#### Fixing stuff is where I find satisfaction and if I'm being honest, base a lot of my self worth.



# And I think that many of us in the technology industry have this in common



#### When something breaks, we <u>passionately</u> and <u>persistently</u> exec while(broken){fix;}



### Unfortunately this method of solving problems can have undesired results in leadership roles



# 16 years ago I realized that you can't solve people problems like technical problems



#### Leadership Goals

- 1. Want them to know that I really care
- 2. Feel valued and supported in their responsibilities
- 3. Innovative
- 4. Collaborative
- 5. Expect accountability that is focused on personal and team growth, empowered with personal choice
- 6. Integrity

#### **Personal Story**

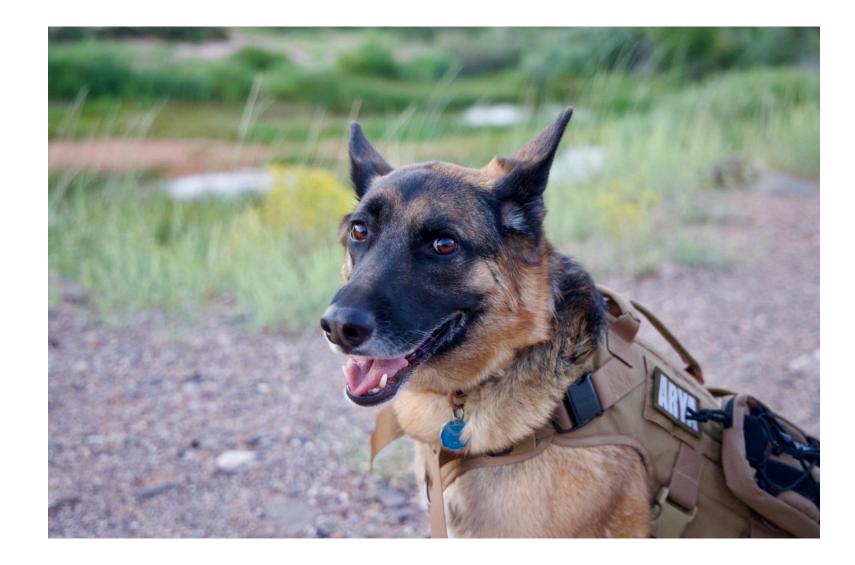
Let me introduce you to Fizz



Years ago, my daughter decided she wanted a dog for Christmas...



But we already had a family dog...



So began the search for the perfect dog...



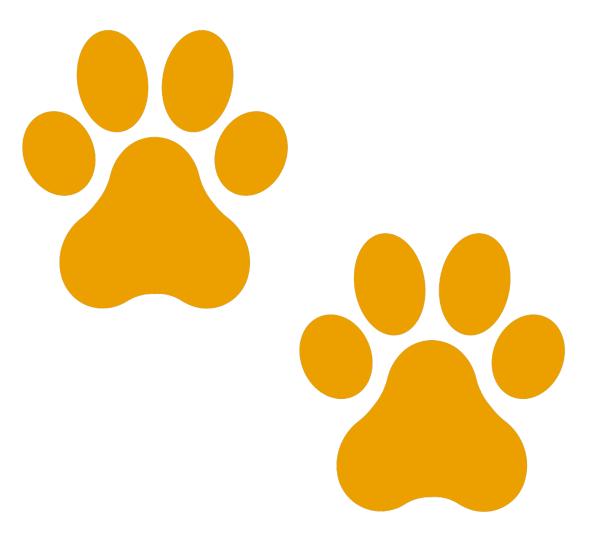








Even small amounts of Vitamin D can be deadly for dogs.



### PANIC



## MORE PANIC

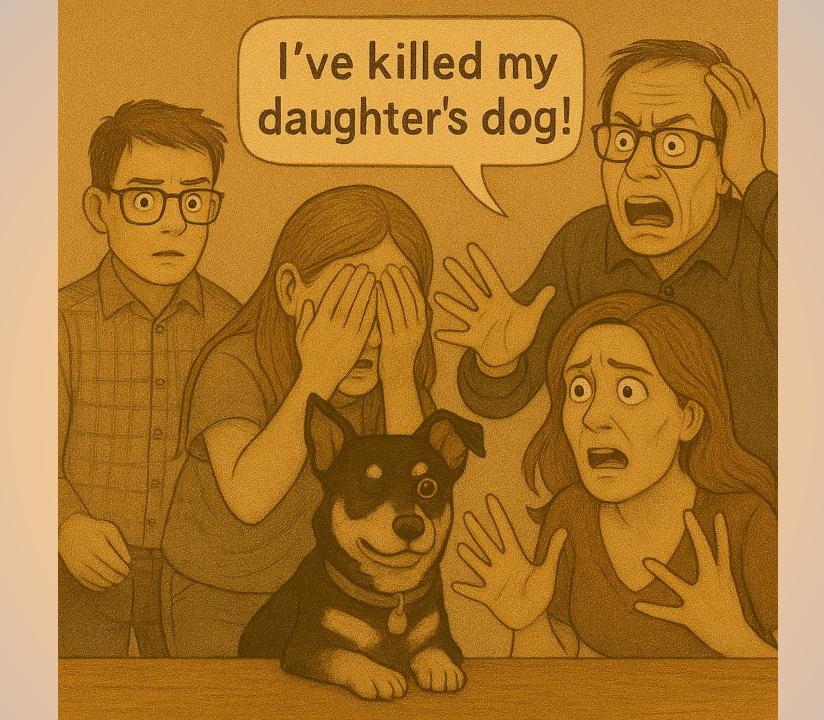


### EVEN MORE PANIC



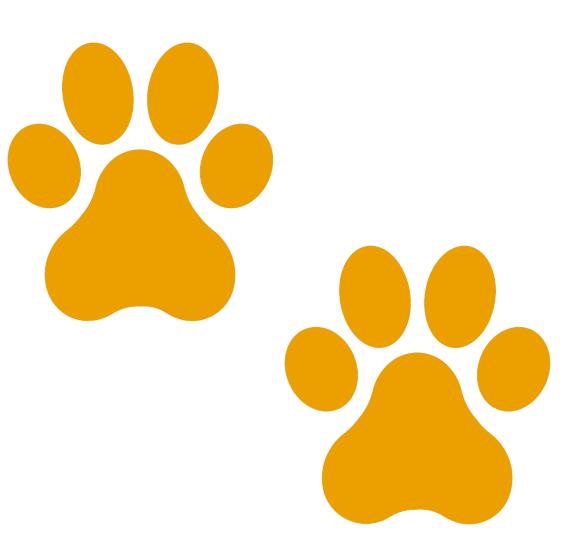
### YES, NOW **SPREAD** PANIC





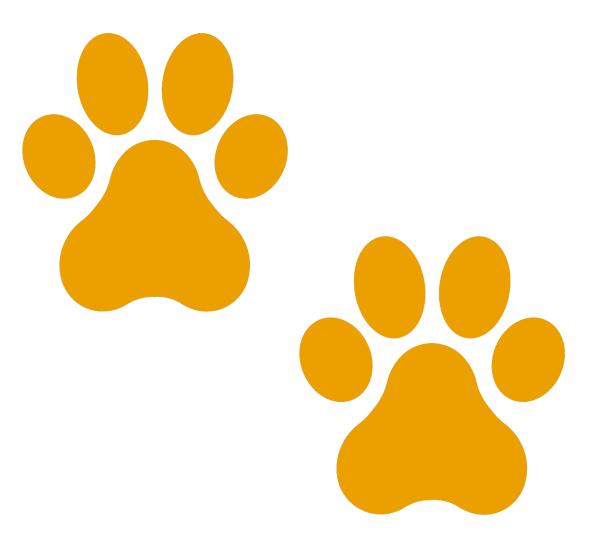
# Panic { disable(Prefrontal Cortex); return(Amygdala()); };

#### We need help! Maybe we can get her to throw up?





While my wife and I try and get help...





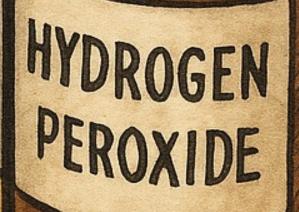




3% hydrogen peroxide (1 teaspoon per 5 pounds of body weight, max 3 tablespoons)



### 60lbs = 3 tablespoons

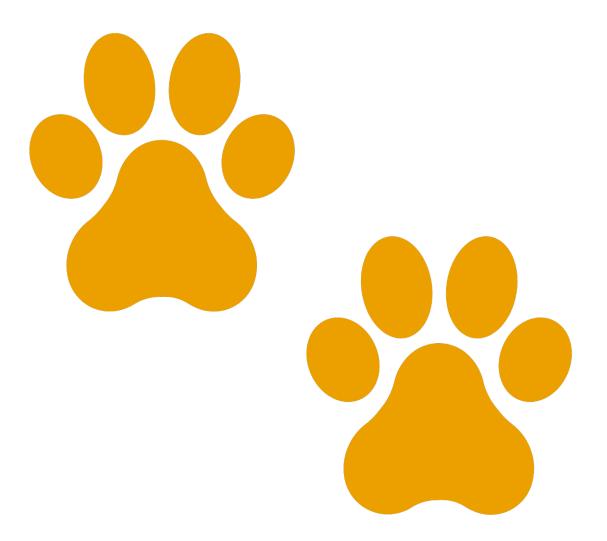


Meanwhile, my wife is attempting to contact animal poison control.



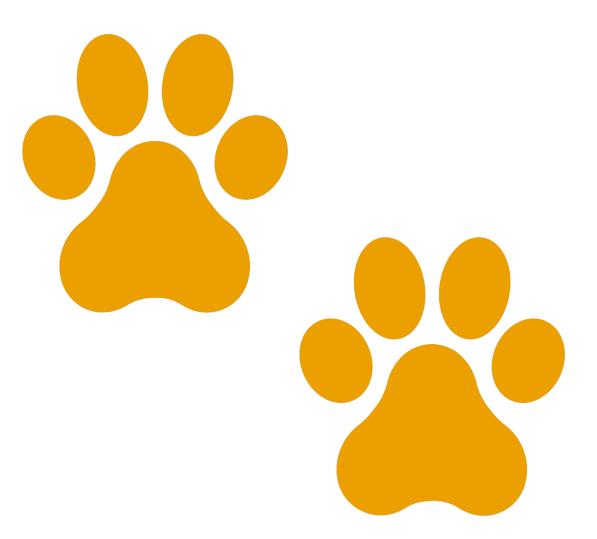


My wife then asks me, should we pay \$35 to get help?





Leaving the kids to continue working with Fizz, I go check on my wife...



When I check on her, I find that she hasn't contacted the animal poison control, rather she has connected with a chat service...



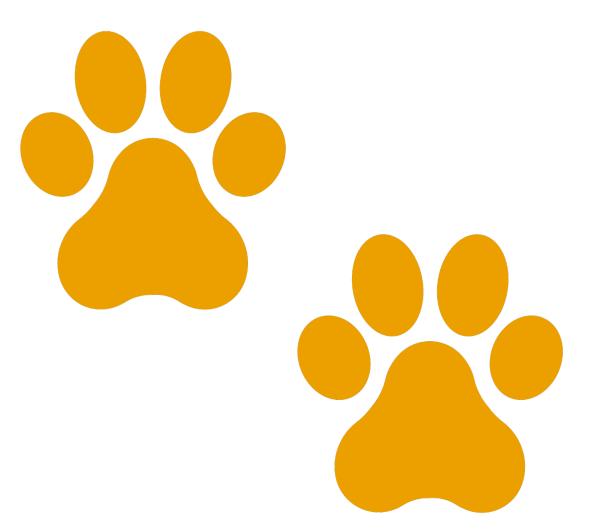


## SECURITY ALERT

# MORE PANIC



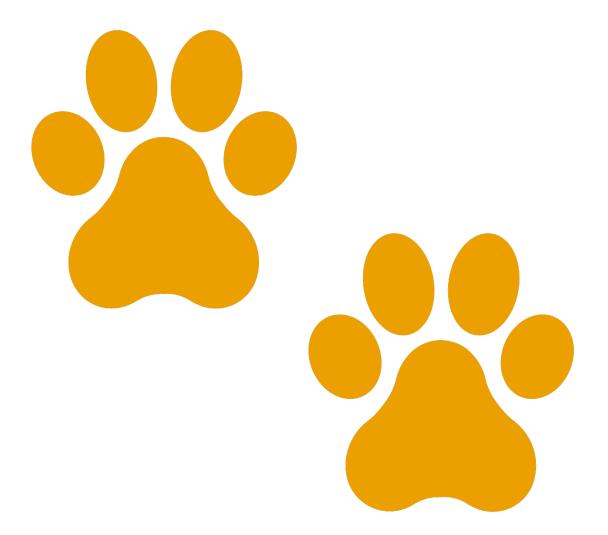
So now that we have already paid \$35 to a chat service, lets increase our odds at getting help...



I then call one of the two actual poison control phone numbers



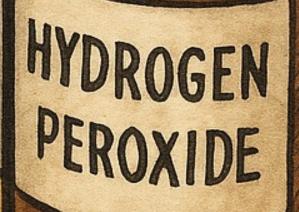
And it asks me if I want to pay \$85 to get help



# CONTROL JON HOLD



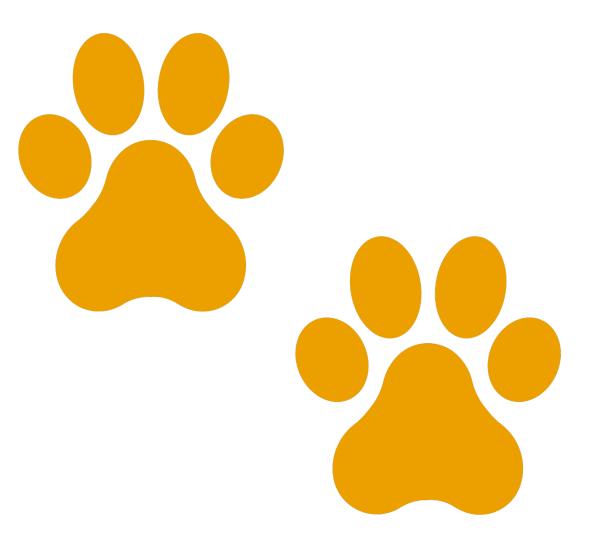






Then the chat service starts responding...

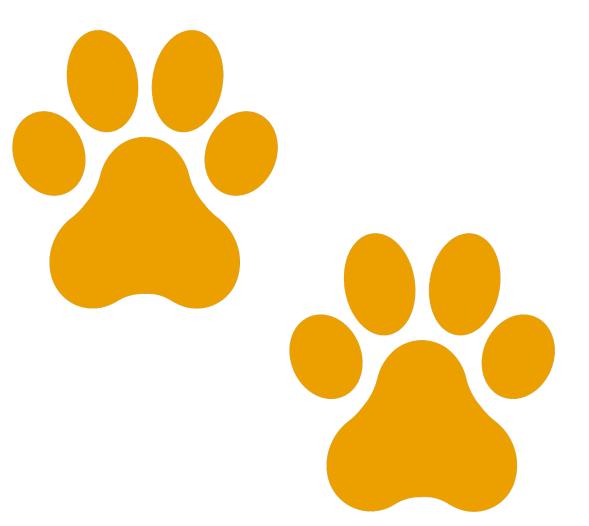
And it says its connecting us to a vet.



The vet confirms to us that the Vitamin D may kill her.



Then the vet tells us to give her Milk, Pumpkin, and **Activated** Charcoal to prevent it from being absorbed.



#### And..



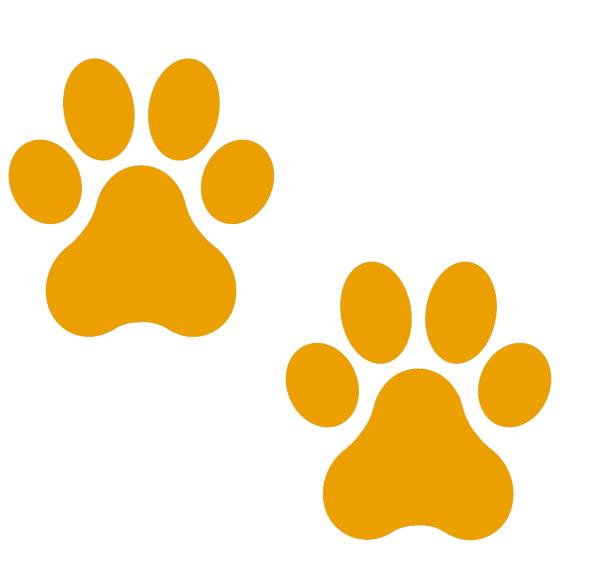




If (panic.cooldown=true)
{
 return(Prefrontal\_Cortex());
};

Wait a second...

How much is deadly?





## **54X MORE**

### **S** ChatGPT

A 60-pound (27 kg) dog would need around 2,700 mcg (2.7 mg) for potential toxicity. Since your dog ingested 50 mcg, this is well below toxic levels. However, it's still best to monitor for any symptoms and check with your vet for peace of mind.

## **Phycology - What happened?**



No one is thinking rationally. Everyone is in Fight or Flight mode. In complex environments, this usually makes things worse!

## e·mo·tion·al con·ta·gion / əˈmōSH(ə)nəl / kənˈtāj(ə)n/

the tendency to mimic verbal, physiological and/or behavioral aspects of another person's emotional experience and thus to express/experience the same emotion

(Sonnby-Borgström and Jönsson, 2004).

# What does this have to do with leadership?

## lead.er.ship con.ta.gion /ˈlēdər SHip / kənˈtāj(ə)n/

"leadership contagion" refers to the process where a leader's emotions and behaviors influence the emotions and behaviors of their team members. This influence can be positive or negative, impacting team morale, motivation, and performance. Leaders who effectively manage their emotions and behaviors can create a positive contagious leadership style, while those who struggle with self-awareness can spread negative emotions.

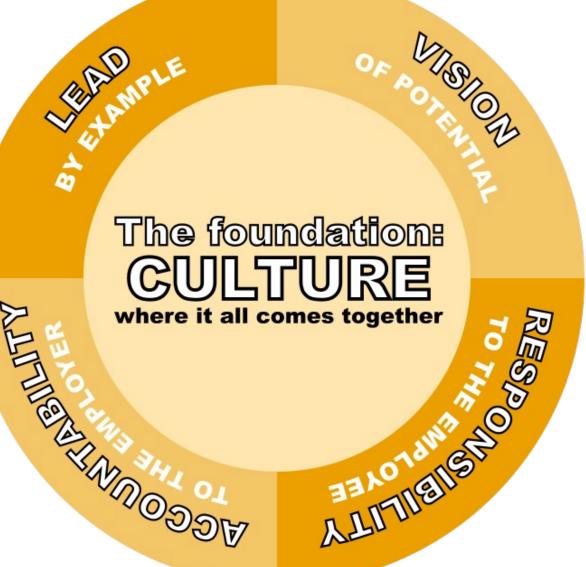
#### Leadership Goals

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- 6. Integrity

## **4 LEADERSHIP PILLARS**

Lead like your team is watching (because they are) Be the person you want them to be. Never expect something from them that you won't do yourself Teams are a mirror and an amplifier of their leader

"Great performance without great conduct is unsustainable. Great conduct without performance is ineffective. Culture thrives when both are held accountable together."



Know each employee. See the potential of each person and team. "Find round people for round holes." Tap into potential. After meeting the baseline, hire for attitude, train for aptitude.



Empower with personal choice to solve problems. Recognition. Training. Tools. Feedback and Support. Invest in them, and they will invest in the team.

#### Culture is not a perk—it's your foundation.

## "Great teams run on great culture. And culture starts with you."

**Michael Gervais** 

#### leader@org:~\$ culture --set-defaults

- Culture cascades from leadership
- It's not what you say—it's what you do
- It's the *defaults* your team inherits
- Your Team is a Mirror—and an Amplifier

#### What kind of leader do I NEED to be?

- 1. Care about every member of my staff as equally as possible
- 2. Take care of my staff (tools, training, recognition, encouragement, help)
- 3. Encourage Innovation & think outside the box
- 4. Encourage collaboration, pull the team together, build relationships
- 5. Maintain accountability, enlist personal buy-in, focus on growth, give employee's the choice to change
- 6. Have Integrity: Positive, Ethical, Fair, Transparent & Trusted

#### What kind of leader do I NEED to be?

A lesson I was taught many years ago...

Threatened the air raids in WWII on all major cities throughout Britan, in **1939 the British Government wanted** to strengthen morale, and eliminate panic.



### **Dad's Army**

- Dad's Army is a British wartime sitcom that humorously follows the misadventures of a bumbling Home Guard unit in WWII-era England as they prepare to defend their town from invasion.
- BBC TV Show in 1968
- Converted to a Radio Show in 1974
- When I lived in England, we often listened to the Radio Show while we drove.



**Corporal Jones**, a loveable but excitable member of the Home Guard platoon.

Jones would often shout "Don't panic! Don't panic!" in moments of crisis or confusion ironically while panicking himself.

His attempts to reassure others (and himself) usually backfired, creating chaos (and laughter).



#### What kind of leader do I NEED to be?

### DON7

### PANIC

#### But what if I'm not in a leadership role?

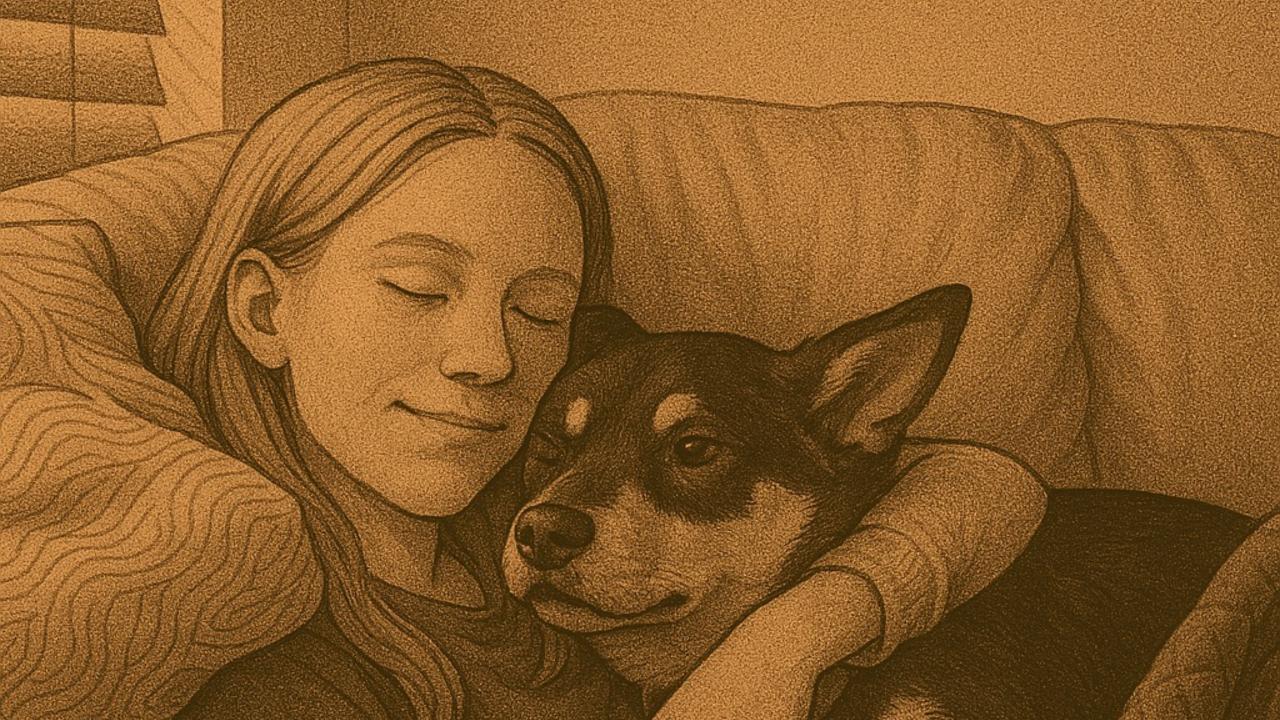
#### Model the Culture You Want to See

Even without authority, you have *influence*—and culture often spreads sideways.

- Be the first to help.
- Speak respectfully, especially under stress.
- Show curiosity instead of cynicism.
- Take ownership, even if it's not "your problem."

#### "You don't need a title to lead—just intention."

# The real question is: WHAT ARE YOU SPREADING?



### Because we all know that working in IT is easy... It's like riding a bike.

## WORKING IN IT IS LIKE RIDING A BIKE

#### EXCEPT THE BIKE IS ON FIRE AND YOU'RE ON FIRE AND EVERYTHING IS ON FIRE

### So if you take anything from this message today, just remember...



### WHATEVER TOMORROW BRINGS TO IT

### WE WILL GET THROUGH IT TOGETHER

KEEP CALM AND CARRY ON

### **4 LEADERSHIP PILLARS**

Lead like your team is watching (because they are) Be the person you want them to be. Never expect something from them that you won't do yourself Teams are a mirror and an amplifier of their leader



The foundation: CULTFURE where it all comes together

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